Land or Sea CEUs

CEU Cruise approved for Mental Health, SLP, OT & PT

Cruise to the Caribbean with DIR/Floor Time and International Speaker Dr. Esther Hess!

Join us for an all inclusive 7 day Caribbean Cruise on the S.S. Valor with an expanded 3 day interactive training in DIR/Floor Time

January 27 through February 3

Our CEU Training:
DIR/Floor Time: Treatment of Autism, Selective Mutism, Attention Deficit Disorder And Sensory Processing Disorder from Childhood through Adulthood
20 CEUs for $450

Don't need CEUs? Attend class for $250

- Those in attendance will be introduced to the DIR/Floortime model and learn how to facilitate emotional regulation and expression throughout the lifespan.
- Booking your cruise through us is necessary in order to attend the seminar
  - we will guarantee the best rates for all cruisers-
- (You must book with $250 deposit by 08/22/12 to guarantee the rates)

For more information
Call 877-901-4335.
We accept Visa, MasterCard, Discover and American Express
E-mail Debbie@landOrSeaCEUs.com

Sun Jan 27 Miami, FL 4:00pm
Mon Jan 28 Training Day At Sea
Reserve NOW for the best cabin locations on the ship! You can always get a refund up to 75 days before sailing and there is a surprise gift on Board from Land Or Sea CEUs!!

Please book early to insure the group makes. Prices are per person and include all taxes, port charges, food, complimentary 24 hour room service and entertainment.

INSIDE CABIN      544.92
OCEAN VIEW         624.92
BALCONY CABIN      764.92
MINI SUITE        (Call, Prices will vary)
SUITE             (Call, Prices will vary)

Our Travel agent will gladly arrange flights, transportation to the cruise terminal, and overnight accommodations for you for either before the Cruise or after the Cruise.

Call 1-877-901-4335 or 918-458-0799 Today to Book this Cruise.

(You must book with $250 deposit by 08/22/12 to guarantee the above rates)

Please Note: You do not have to attend the seminar in order to access this group rate so bring your spouse, significant other, kids, and friends.
*We will only have the seminars on days at sea.
**You will Not miss any of the wonderful ports of call.

Please inquire for the very reasonable fare of a third (or even 4th) person in a cabin. Items of a personal nature such as carbonated soft drinks, alcoholic beverages, shore excursions, photographs, Internet use and gratuities are not included in the cruise pricing.

Cancellation insurance is available. Cancellation insurance would allow you a full refund, in the event of a medical or other emergency, and you were not able to go on the cruise.

Booking your cruise through us is necessary in order to attend the seminar - we will guarantee the best rates for all cruisers (military, past guest, over 55, etc).

DIR/Floor Time: Treatment of Autism, Selective Mutism, Attention Deficit Disorder and Sensory Processing Disorder from Childhood through Adulthood

Key Features, Differences or Benefits to Attending
1. The theory of brain plasticity and how this new concept of brain development gives hope for persons impacted by autism, selective mutism, ADHD and sensory processing disorder.

2. Learn the history of therapeutic interventions for autism and see how far we’ve come!

3. Understand how biologically based individual differences, family/community/culture and child-caregiver interactions all come together to impact a child’s developmental capacity.

4. Learn the 6 stages of developmental capacities and what ‘moving up the developmental ladder’ really means.

5. Understand sensory integration theory and the impact on a person’s individual neurological differences throughout the lifespan.

6. Meet real families struggling with the diagnosis of developmental delays and/or regulatory disorder in their child (through video demonstration) and learn how relationships are the drivers of all future development.

7. Understand the diagnostic classifications of childhood and adult disorders including interactive disorders, regulatory challenges and severe disorders of relating and communicating.

8. Learn how the clinical community needs to respond to the transitional needs/services of the special needs adult during the transition from high school into adulthood.

9. Learn the developmental/relational approach known as DIR/Floor Time and understand what it means to ‘follow a child’s lead’ throughout the lifespan of that individual.

**Course Description**

In an understanding of brain development, that dated back to the 1880’s, it was previously believed that if an injury happens to one area of the brain, then that functioning is gone forever. We now know that the brain’s capacity for adaptability in far greater and that that quality, known as brain plasticity, means that given the right opportunities for neuronal growth, one area of the brain can take over the functioning of an area that had previously been damaged or delayed. For this new neuronal growth to occur, experiences and especially emotional experiences full of affective co-regulated opportunities needs to happen. We will explore together how DIR/Floor Time helps children, adolescents and adults impacted by developmental delays and regulatory concerns, like autism, selective mutism, ADHD and sensory processing disorder, tolerate new emotional experiences, so that new brain pathways leading to higher developmental capacities can become possible.

This course will offer a theoretical conceptual and practical understanding of the assessment and treatment of children and adolescents with interactive disorder, regulatory challenges and developmental delays through the developmental relational technique known as DIR/Floor Time. Adaptations of play techniques utilizing Dr. Stanley Greenspan’s Developmental, Individual Differences, Relationship Based Model (hereafter to be known as DIR) will be examined for uses with these children and adolescents in individual, family and group therapy contexts as the primary area of focus. The model will then explore the growing needs of our adult special needs community. Areas of concern that will be addressed include residential transition from parents’ home, academic/vocational placement, self-care/ advocacy and social skills within an individual’s personal and professional life.

Using the DIR approach, you will also learn the importance of an interdisciplinary collaboration that includes mental health, occupational therapy/physical therapy, education, speech and language therapy and medicine all working together to help promote optimal developmental growth throughout the lifespan. Participants will gain a better understanding of relationship-based intervention to guide their practice in the home, clinic, school-based and work place setting. Video case studies as well as participants own clinical practices will be discussed to create an interactive ‘hands on’ medium that will illustrate practical solutions to complex developmental problems.
Learning Objectives

1. Attendees will become familiar with indications of sensory and processing challenges for individuals impacted by developmental and/or regulatory disorders.

2. Those attending will become familiar with the indicators of social-emotional challenges throughout the lifespan of persons impacted by developmental and/or regulatory disorders.

3. Attendees will learn the DIR treatment strategies used to support specific sensory and processing challenges in children and adults.

4. Those in attendance will be introduced to the DIR model and learn how to facilitate emotional regulation and expression throughout the lifespan.

5. Those attending this conference will participate in learning how the DIR model facilitates socialization and social skills.

6. Those in attendance will become familiar with common parent-child issues for persons with interactive disorders, regulatory concerns or developmental delays.

7. Those attending this conference will be taught an introduction to the DIR model that facilitates adaptive interpersonal relationships within families with persons impacted with interactive disorders, regulatory concerns or developmental delays.

8. Attendees will be taught the components of the DIR approach to facilitate positive self-esteem throughout the lifespan of persons impacted with sensory and processing challenges.

Day I: Assessment, Diagnosis and Intervention Planning

I: The Developmental, Individual-Difference, Relationship-Based (DIR) Model
*Functional developmental stages
*Individual differences in auditory processing and language, visual-spatial processing, motor planning, sensory modulation
*The affect diatheses hypothesis: The central role of emotion in the development of intelligence, language, motor, and sensory processing
*Relationships, dynamic, learning interactions and family patterns
*Interactive break out session with participants-Identifying DIR in real session time

II: Clinical Assessment Approaches
*Analysis of adaptive development, including motor, affective, sensory, language, cognitive, and sense of self
*Observing infant’s behavior, affects and developmental patterns
*Comprehending child/caregiver interactions and family patterns
*Taking the initial interview and eliciting the developmental history
*Assessing clinical challenges, such as the differences between developmental variations and disorders
*Using the Functional Emotional Assessment Scale (FEAS) for clinical and administrative requirements
*Interactive break out session with participants-rating actual parent/child pattern interaction in session
*Q & A with Dr. Hess

III: Diagnostic Process
*Determining functional developmental levels (in comparison to age-expected levels)
*Discovering the range, flexibility, and stability of adaptive and coping strategies
*Assessing the contribution of environmental patterns, stresses and conflicts, as well as constitutional and maturational patterns of both parent and child
*Constructing the diagnostic profile

Day 2: Intervention; A Comprehensive Developmental Approach

I: Intervention Planning
*Using the diagnostic profile to plan appropriate intervention strategies for frequently presenting challenges, as well as rare or unusual patterns
*Video-taped illustrations throughout the presentation
*Interactive break out session with participants
*Q & A with Dr. Hess

II: In-depth presentation of a comprehensive developmental approach to intervention for children with special needs and their families based on the child’s functional developmental level, individual differences and interactive relationships (DIR Model), including home and family program of developmentally appropriate interactions, interventions, and practices geared to each child’s developmental profile (Floor Time). A new educational model for use in classrooms, daycare, or group settings will be discussed.

III: Intervention will be discussed for special challenges, including
*Aggression
*Avoidant behavior
*Negativism, self-injurious behavior
*Echolalia
*Perseveration
*Compulsive rituals
*Inappropriate or embarrassing behavior
*Sleep problems
*Difficulties with toilet training
*Children with severe environmental or family challenges, including trauma, attachment disorders, behavioral, mood, and impulse control disorders; cultural patterns will also be discussed
*Interactive break out session with participants
*Q & A with Dr. Hess

Day 3: Advanced Floor Time Techniques

I: New Findings and Interventions for subtypes of Regulatory Disorders, including
*Attention difficulties
*Motor, sensory and behavioral modulated problems
*Language difficulties
*Excessive fearfulness and/or avoidant behavior
*Defiant and/or rigid behavior
*Tendencies toward self-absorption
*Sensory craving, excessive activity and aggression

II: Advanced Floor Time Techniques; Pathways to Communication, Thinking and Mood Regulation
*Creating Representations of Affect and Ideas
*Coaching Each Other or Yourself
*Examining the Primary Challenges to Interactions; perspectives of both Child and Adult
*Applying DIR/Floor Time to an adult population
*Creating Semi-Structured Activities promoting social Interaction for small groups
*Floor Time Strategies to Climb the Symbolic Ladder
*Videotape Illustrations of Therapeutic Tactics
*Videotape Illustrations of Outcomes
*Interactive break out session with participants
*Q & A with Dr. Hess & Mr. Sampson

Our Trainers:

Esther Hess, Ph.D., a developmental psychologist with more than 30 years of clinical experience. Dr. Hess specializes in the assessment, diagnosis and treatment of children with
developmental delays and/or regulatory disorders including autism spectrum disorders utilizing the developmental/relational method known as DIR/Floortime.

**Allen Samson** runs the only DIR/Floor Time theme facility for adults in the state of California and is himself an expert in the developmental concerns of persons over the age of 18. He routinely joins Dr. Hess as she speaks around the country on DIR/Floor Time and he will teach a half day of the 3 day course on adult population concerns.

These trainings are approved for CEUs by NBCC, NASW, CRC, APA, NAACAD, CA Board of Behavioral Sciences, FL Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling, and LADC Boards, OH Counselor, Social Worker & Marriage and Family Therapist Board, DC Board of Nursing, NCBTMB and in OK with the LPC, LMFT and LADC boards. Pending AOTA, ASHA and PT Boards

But, please remember that state requirements are constantly changing. It is ultimately THE LICENSEE’S responsibility to determine if the CEUs are approved for their state/discipline.

We are proud to announce that we have teamed with PsychContinuingEd.com to offer **APA CEs** on all of our trainings.

**Cruise Price Includes:**

- Specialty Merchandise designed specifically for our group & cruise (Extra surprises!)
- Taxes, Fees, & Port Charges are included in our price
- Onboard Meals & some beverages (water, coffee, lemonade, tea, milk)
- Free 24 hour Room Service
- Childcare for children 2 and up through the kids’ clubs for most daytime and early evening hours (late night -10 pm to 3 am, or baby/toddler childcare may be available for an additional fee)
- Most onboard activities & entertainment including shows, the adult area, water slides, and mini golf.
- Assistance booking pre/post cruise lodging, transportation, and activities; including a group rate at our group hotel the night before departure.
- Prices do not include gratuities and optional items listed below.

Carnival reserves the right to re-instate the fuel supplement for all travelers at up to $10 per person per day if the NYMEX oil price exceeds $85 per barrel.

**What is not included:**

- Lodging before/after cruise
Dining in Specialty Restaurants

Spa and Salon services

Gambling & Video Arcade

Gift Shop purchases

Shore excursions, professional photographs

Medical Services

Internet Access or ship to shore calls,

Laundry and Dry Cleaning Services

Alcoholic Beverages & Non-Alcoholic Beverages (excluding water, coffee, lemonade and iced tea)

Registration

Each course has different deadlines and specifics that are listed on the details about that particular cruise, but in general:

Deposit - $250 is due initially to hold your place in the group. You can always get a refund up to 75 days before sailing, if your plans change.

Final Payment - This payment is due anywhere from 120 - 90 days prior to the cruise and depends on the cruise line and length of the cruise. The cruise line's refund policy will dictate the refund for cancellations and be provided when registering for the CEU cruise.

CEU Rates vary per course, but course rates can be seen above for upcoming courses.

Travel Insurance may cover some emergency cancellations.

Please do not book your airfare until we notify you that the training has enough attendees to confirm the date. We will refund all your cruise and CEU monies if the training does not book due to lack of enrollment but we have no control over airlines.

We appreciate your understanding.

You must book with $250 deposit by 08/22/12 to guarantee the above rates.)
Inside stateroom (Carnival)
Average size 185 Sq. Ft.

Ocean view stateroom (Carnival)
Average 220 sq. Ft.

Balcony stateroom (Carnival)
Average size 220 Sq. Ft
with 35 Sq. Ft. balcony